

# Training & Workshops

## Engaging Adolescents™

### Parent Workshop

Maintaining positive and constructive channels of communication is one of the most important skills that adults must have when living with Teenagers. This workshop aims to provide parents with effective tools and strategies in the following

- \* Identifying normal and acceptable behaviour
- \* Family Life with teenagers and how to build positive and respectful relationships
- \* How to manage challenging behaviour from your teenagerR

**WHEN:** Saturday 27 August 2016 The course runs from 9.30am to 3.30pm

**TIME:** Please arrive at 9.15am for registration.

**WHERE:** Central Library

Westfield Eastgardens Shopping Centre

Banks Ave, Eastgardens NSW 2035

**COST:** \$10 includes course workbook,  
morning tea and afternoon tea

**BOOKINGS:** Please contact Botany Council Community Services on  
9366 3889 or [communityservices@botanybay.nsw.gov.au](mailto:communityservices@botanybay.nsw.gov.au)

UNFORTUNATELY THERE IS NO CHILDMINDING FOR THIS GROUP.

THIS IS A PARENTS ONLY GROUP

This Group has been proudly sponsored and supported by Botany Bay City Council

